



Weekly Menu and Nutrition Information



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup Du Jour	Italian Wedding Corn	Italian Wedding Corn Poblano	Bacon Garden Vegetable	Chicken Tortilla Veggie Tortilla	Chefs Choice
Entrée	Miso Udon Carbonara w/ Chicken	BBQ Brisket, Sausage, Ribs	Fried Pork Belly w/Cheese Grits	Chicken Enchilada's	Chefs Choice
<i>Nutrition Information</i>	Cal. 750-Fat-17g-Sat Fat-4.5g-Protien 42g	Cal. 750-Fat-22g-Sat Fat-7.5g-Protien-33g	Cal. 645-Fat-19g-Sat. Fat-8g-Protien-21g	(Each)Cal. 231-Fat-15g-Sat. Fat-8g Protien-13g	Chefs Choice
Vegetarian Entrée	Vegan Miso Udon Carbonara w/Fable Faux	Faux BBQ Burnt Ends(v)	Pasta Alfredo w/Spring Vegetables	Vegetable Enchilada	Chefs Choice
<i>Nutrition Information</i>	Cal. 420 Fat-4 -Sat. Fat-3g-Protien-22.5g	Cal. 590-Fat-16g Sat. Fat-13g Protien-17g	Cal. 220-Fat 14g-Sat. Fat-3g-Protien-8g	(Each)Cal. 154-Fat-6g-Sat. Fat-2g Protien-5g	Chefs Choice

Nutritional information is based on standardized recipes and may vary. Please consult with one of our staff if you have food allergies or dietary restrictions.