



Weekly Menu and Nutrition Information



| <i>Week 2</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|------------------------------|--|---|---|--|--------------------------|
| Soup Du Jour | ♥ Tomato Bisques | Chicken Noodle | Chefs Choice | Chicken Fiesta | Chefs Choice |
| Entrée | Grilled Pork Chop with Mushroom Gravy Cal. 490 Fat-18g-Sat Fat-7g-Protien 25g | BBQ Beef Brisket Cal. 575-Fat-31g-Sat Fat-11g-Protien-35g | Fried Chicken Quarters Cal. 650-Fat-35g-Sat. Fat-10g-Protien-29g | Chicken Enchilada's (2)Cal. 624-Fat-22g-Sat. Fat-9g Protein 38g | Chefs Choice |
| <i>Nutrition Information</i> | | | | | |
| Vegetarian Entrée | ♥ Coconut Tofu Cal. 220 Fat-14-Sat. Fat-5g-Protien-8g | ♥ Lentil Stuffed Peppers Cal. 339-Fat-4g Sat. Fat-2g Protien-11g | Vegetarian Frito Pie Cal. 250-Fat 17g-Sat. Fat-5g-Protien-16g | Vegetable Enchilada (2)Cal. 356-Fat-13g-Sat. Fat-5g Protien-14.7g | Chefs Choice |
| <i>Nutrition Information</i> | | | | | |
| Grill Special | Fried Buffalo Chicken Sandwich Cal.440-Fat-19g-Sat Fat-4g- Protien-27g | Fried Buffalo Chicken Sandwich Cal.440-Fat-19g-Sat Fat-4g- Protien-27g | 1/2 Lb. Smash Burger w/ Bacon and Mushroom Cal.750-Fat-32-Sat.Fat-18-g-Protien-40g | 1/2 Lb. Smash Burger w/ Bacon and Mushroom Cal.750-Fat-32-Sat.Fat-18g-Protien-40g | Chili Cheese Dogs |
| <i>Nutrition Information</i> | | | | | |

Nutritional information is based on standardized recipes and may vary. Please

consult with one of our staff if you have food allergies or dietary restrictions.



Healthy Options



